









vancouverbirdweek.ca

¶ ■ ♥ @VanBirdWeek











Saturday, October 10

Let's go birding together: Guided bird walk welcoming the queer community 8:00AM-10:00AM

8:00AM-10:00AM Matsqui Trail Regional Park Registration required

Let's go birding together: Guided bird walk welcoming womxn and femmes

8:30AM-10:30AM Trout Lake Registration required

Birds of Stanley Park
Photo Exhibit with
Frank Lin
10:00AM-4:00PM
Stanley Park Nature House on
Lost Lagoon
Drop-in

Let's go birding together: Guided bird walk welcoming the LGBTQ+ community

10:00AM-12:00PM Stanley Park Registration required

Online, "The Future of Birds" Screening

7:00PM-8:30PM Jocelyn Demers Registration required

Weeklong

Online, Kids Biodiversity Collage Contest

Birds Canada

Greater Vancouver Bird Week

Bird Week is back for more feathery fun! This week-long, regional event features bird walks, workshops, talks and other activities in some of your favourite parks across the region. From expert bird nerd to casually curious - there is sure to be something for you to enjoy! See the back of the book for a list of Bird Week programs.

What is a Birder Passport?



Complete the challenge and colour the badge to add it to your collection. The challenges can be done by a range of age groups in your neighbourhood, local parks, or from your window. You'll also find activities, I spy games, and colouring pages. Flip through and explore!

This book belongs to:



This activity book was created by
Stanley Park Ecology Society, with support from
the City of Vancouver, Vancouver Bird Advisory
Committee, Port of Vancouver and NatureKids
BC. With images and activities from:
Icons: https://streamlineicons.com/
Colouring pages: Cornell Lab,
https://cornelllabpgstore.com/free-downloads/
Bagel feeder activity: NatureKids BC,
https://www.naturekidsbc.ca/



Challenge: Page turner

Borrow a bird-themed book from your local library

Challenge: Make a book

Make your own book about a bird that you've spotted outside



I spy with my little eye...



a bird in a tree!

Monday, October 5

Bird Banding with WildResearch

8:3UAM-9:3UAM 9:45AM-10:45AM 11:00AM-12:00PM Iona Beach Regional Park Registration required

Tuesday, October 6

Online, Birding Bright: Exploring Responsible Birding

6:00PM-7:15PM Stanley Park Ecology Society Registration required

Wednesday, October 7

Let's go birding together: Guided bird walk welcoming BIPOC 9:00AM-11:00AM George C. Reifel Migratory Bird Sanctuary

Online, Birds and Cats: Innovative Solutions for Finding Common Ground

11:00AM-12:00PM Stewardship Centre for BC Registration required

Thursday, October 8

Online, Making Sense of Bird Senses: How Birds Perceive the

5:00PM-6:00PM Stanley Park Ecology Society Registration required

World

Friday, October 9

Online, Meet the Rescued Raptors

7:00PM-8:00PM OWL Rehab Centre Registration required

Bird Week Events

We're offering a variety of online and in-person events from October 3-10, 2020. Find out more and register online at vancouverbirdweek.ca

Saturday, October 3

Let's go birding together: Guided bird walk in Cantonese 8:30AM-10:30AM Iona Beach Regional Park Registration required

Birds of Stanley Park Photo Exhibit with Frank Lin

10:00AM-4:00PM Stanley Park Nature House on Lost Lagoon Drop-in

Online, Intro to Birding 10:00AM-11:30AM VanDusen Botanical Gardens Registration required

Nature Club: Wings and Watercolours

12:00PM-3:30PM VanDusen Botanical Gardens Registration required

Sunday, October 4

Let's go birding together: Guided bird walk in Mandarin

8:30AM-10:30AM Iona Bach Regional Park Registration required

Birds of Stanley Park Photo Exhibit with Frank Lin

10:00AM-4:00PM Stanley Park Nature House on Lost Lagoon Drop-in





Challenge: Found it!

There are many pieces of bird-themed art around Vancouver.
Can you find one?



Wake up with the birds at sunrise. Birds like to sing first thing in the morning.



Challenge: Say cheese!

Grab a camera and take a photo of a bird. Can you tell which kind of bird it is? If not, visit a local ecology centre to ask an expert!



Did you know... 🎾

The Anna's hummingbird stays in the Lower Mainland all year long, even in the winter! They rely on eating insects and spiders to survive.

Challenge: Map maker

Make a map of a nearby park.

Mark the spots where you find birds and share it with a friend.





Challenge: Little Scientist

Do your own bird count! From your window or on a walk in a nearby park, see how many birds you can find. Count them on the chart below:



Join the flock and win!

Start a conversation and you could win a beginner birder prize pack. How to enter:

- 1. **Share** a photo or a drawing of you completing one of the challenges from your birder passport. Tag us on Facebook or Instagram:

 @vanbirdweek, #vanbirdweek
- 2. **Ask** a question about local birds on our Facebook or Instagram page.
- 3. Get a special **Birder Membership** from Stanley Park Ecology Society to support bird conservation and education.

Tag us @vanbirdweek or with the hashtag #vanbirdweek to grow the bird community and be entered to win!

Contest closes October 11, 2020.

Sketch





Challenge: Snack time

Make your own bird feeder. Put it outside and see which birds come to visit.

Hanging Bagel Feeder



Materials

1. Stale Bagel, cut in half 3. Birdseed

Peanut Butter
 String

Instructions

- 1. Fill a paper plate with birdseed and nuts
- 2. Smear one side of bagel thickly with peanut butter
- 3. Press onto the seeds
- 4. Repeat on the other side
- 5. When both sides are thickly covered, tie the string through the bagel hole and hang outside

Hang your feeders where the bird seed will stay dry to avoid mould that will make the birds sick.

I spy with my little eye...

 $\mathcal{Q} \mathcal{Q} \mathcal{Q}$ a bird that is small!



Challenge: Masterpiece

Make a picture of your favourite bird. Put it in a frame or on the fridge for everyone to see.

Challenge: Tiny tracks

Find some tracks left from a bird after the rain. How can you tell that they came from a bird?





Challenge: Bird nerd

Attend a Bird Week event! Watch online, go on a walk or view an exhibit.

Challenge: Holes

Find a hole made by a woodpecker. Can you tell what kind of animal lives there now?



I spy with my little eye...



a bird that is big!

Sketch

Sketch

Challenge: Nest builder

Collect twigs, leaves, grass and moss to make your own bird nest. Test how strong it is by adding coins or other objects. Would it be strong enough to hold an egg?



Did you know... $\widetilde{\mathcal{Q}}$



Owls can fly silently! They have special feathers that cut through the air without a sound, helping them sneak up on their prey!

Challenge: Bird detective

Find one new fact about your favourite local bird. Share it with a friend or family member!





Challenge: Eagle eyes

Find a bird using binoculars. Try making them blurry and then clear again. Don't have a pair? Make one!

Paper Binoculars

The tubes help focus your attention on hard-to-spot birds.

Materials

- 1. Two toilet paper rolls

- 2. Tape
- 3. String
- 4. Crayons or markers



Instructions

- 1. Place two toilet paper rolls side-by-side. If you don't have toilet paper rolls, you can use two pieces of paper rolled into tubes
- 2. Securely tape them together to form the binoculars
- 3. Cut a piece of piece of string to make a strap
- 4. Attach the strap with tape
- Decorate your new binoculars!











Challenge: Newbie

Find 3 new birds that you haven't seen before. Notice the colours, the shape of the beak, and the size of each bird.

Challenge: Tweet, tweet

Listen to the different bird calls. Use a bird app to learn the song.

