Greater Vancouver Bird Week

Bird Week is back for more feathery fun! This week-long, regional event features bird walks, workshops, talks and other activities in some of your favourite parks across the region. From expert bird nerd to casually curious - there is sure to be something for you to enjoy! See the back of the book for a list of Bird Week programs.

What is a Birder Passport?

Complete the challenge and colour the badge to add it to your collection. The challenges can be done by a range of age groups in your neighbourhood, local parks, or from your window. You'll also find activities, I spy games, and colouring pages. Flip through and explore!
Monday, October 5

**Challenge: Page turner**

Borrow a bird-themed book from your local library.

**Challenge: Make a book**

Make your own book about a bird that you've spotted outside.

Tuesday, October 6

**Bird Banding with WildResearch**

8:30AM-9:30AM
9:45AM-10:45AM
11:00AM-12:00PM
Iona Beach Regional Park
Registration required

**Online, Birding Bright: Exploring Responsible Birding**

6:00PM-7:15PM
Stanley Park Ecology Society
Registration required

Wednesday, October 7

**Let's Go Birding**

Guided bird walk welcoming BIPOC

**Online, Birding Bright: Exploring Responsible Birding**

6:00PM-7:15PM
Stanley Park Ecology Society
Registration required

Thursday, October 8

**Online, Bike and Cats: Innovative Solutions for Finding Common Ground**

5:00PM-6:00PM
BC. With images and activities from:

**Online, Making Sense of Bird Senses: How Birds Perceive the World**

11:00AM-12:00PM
Stanley Park Ecology Society
Registration required

Friday, October 9

**Online, Meet the Rescued Raptors**

7:00PM-8:00PM
OWI Rehab Centre
Registration required

**Online, Making Sense of Bird Senses: How Birds Perceive the World**

11:00AM-12:00PM
Stewardship Centre for BC
Registration required

This activity book was created by the City of Vancouver, Vancouver Bird Advisory Committee, Port of Vancouver and NatureKids BC. With images and activities from:

Icons: https://streamlineicons.com/
**Saturday, October 3**

- **Let's go birding together: Guided bird walk in Cantonese**
  8:30AM-10:30AM
  Iona Beach Regional Park
  Registration required

- **Birds of Stanley Park Photo Exhibit with Frank Lin**
  10:00AM-4:00PM
  Stanley Park Nature House on Lost Lagoon
  Drop-in

- **Online, Intro to Birding**
  10:00AM-11:30AM
  VanDusen Botanical Gardens
  Registration required

**Sunday, October 4**

- **Let's go birding together: Guided bird walk in Mandarin**
  8:30AM-10:30AM
  Iona Beach Regional Park
  Registration required

- **Birds of Stanley Park Photo Exhibit with Frank Lin**
  10:00AM-4:00PM
  Stanley Park Nature House on Lost Lagoon
  Drop-in

**Bird Week Events**

We're offering a variety of online and in-person events from October 3-10, 2020. Find out more and register online at vancouverbirdweek.ca

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**Challenge: Early Bird**

Wake up with the birds at sunrise. Birds like to sing first thing in the morning.

**Challenge: Found it!**

There are many pieces of bird-themed art around Vancouver. Can you find one?

**Challenge: Say cheese!**

Grab a camera and take a photo of a bird. Can you tell which kind of bird it is? If not, visit a local ecology centre to ask an expert!

**Did you know...**

The Anna's hummingbird stays in the Lower Mainland all year long, even in the winter! They rely on eating insects and spiders to survive.

**Challenge: Map maker**

Make a map of a nearby park. Mark the spots where you find birds and share it with a friend.
Challenge: Little Scientist

Do your own bird count! From your window or on a walk in a nearby park, see how many birds you can find. Count them on the chart below:

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Join the flock and win!

Start a conversation and you could win a beginner birder prize pack. How to enter:

1. **Share** a photo or a drawing of you completing one of the challenges from your birder passport. Tag us on Facebook or Instagram: @vanbirdweek, #vanbirdweek

2. **Ask** a question about local birds on our Facebook or Instagram page.

3. Get a special **Birder Membership** from Stanley Park Ecology Society to support bird conservation and education.

Tag us @vanbirdweek or with the hashtag #vanbirdweek to grow the bird community and be entered to win!

Contest closes October 11, 2020.

Challenge: Snack time

Make your own bird feeder. Put it outside and see which birds come to visit.

Materials
1. Stale Bagel, cut in half
2. Peanut Butter
3. Birdseed
4. String

Instructions
1. Fill a paper plate with birdseed and nuts
2. Smear one side of bagel thickly with peanut butter
3. Press onto the seeds
4. Repeat on the other side
5. When both sides are thickly covered, tie the string through the bagel hole and hang outside

Hang your feeders where the bird seed will stay dry to avoid mould that will make the birds sick.
I spy with my little eye...

a bird that is small!

Challenge: Bird nerd
Attend a Bird Week event! Watch online, go on a walk or view an exhibit.

Challenge: Holes
Find a hole made by a woodpecker. Can you tell what kind of animal lives there now?

Challenge: Tiny tracks
Find some tracks left from a bird after the rain. How can you tell that they came from a bird?

I spy with my little eye...

a bird that is big!

Challenge: Masterpiece
Make a picture of your favourite bird. Put it in a frame or on the fridge for everyone to see.

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Challenge: Nest builder
Collect twigs, leaves, grass and moss to make your own bird nest. Test how strong it is by adding coins or other objects. Would it be strong enough to hold an egg?

Did you know... 🦉
Owls can fly silently! They have special feathers that cut through the air without a sound, helping them sneak up on their prey!

Challenge: Bird detective
Find one new fact about your favourite local bird. Share it with a friend or family member!

Challenge: Eagle eyes
Find a bird using binoculars. Try making them blurry and then clear again. Don’t have a pair? Make one!

Paper Binoculars
The tubes help focus your attention on hard-to-spot birds.

Materials
1. Two toilet paper rolls
2. Tape
3. String
4. Crayons or markers

Instructions
1. Place two toilet paper rolls side-by-side. If you don’t have toilet paper rolls, you can use two pieces of paper rolled into tubes
2. Securely tape them together to form the binoculars
3. Cut a piece of piece of string to make a strap
4. Attach the strap with tape
5. Decorate your new binoculars!

Challenge: Newbie
Listen to the different bird calls. Use a bird app to learn the song.

Challenge: Tweet, tweet
Find 3 new birds that you haven’t seen before. Notice the colours, the shape of the beak, and the size of each bird.